

SAAC Minutes – Meeting 10/22/19

- Communications
 - have not seen anything out yet on Instagram – reps should be sending things for any type of publicity (for example the w gym suicide prevention awareness event they did) Also would be good to have any teams' service projects they have done lately...
 - Created google sheets of what need to be uploaded and details
 - Events need pictures to be taken and sent to social media
- Career Liaisons
 - Met with Kelly and she wants to do 3 topics for workshops with one more being before end of semester
 - Topics: Getting experience as an athlete, how to talk about athletic experience, how to present yourself professionally,
 - Stress that it is just to be informing and grow so more prepared going forward
 - November 13, 14, 18, 19, 20th with a 6:30-7:30 start time
 - Check group me for poll
 - Finance for food to get people to come
 - Skyping alumni athletes in to talk with students at career center
- Update from Sophie Caplan – attended the NCAA DI SACC meetings in Indianapolis
 - DI revenues will be distributed based on academics starting in December 2021
 - Changing legislation with post graduating options
 - Name, image, likeness issues
 - DI ticker-newsletter that sent out and keeps you up to date with new development in DI athletics
 - National SAAC is doing diversity and inclusion social media campaign that started today
 - Thursday- broadening our horizon
 - Friday- taking action
 - We can do this this week or have our own week later
- Apparel
 - Vote for item within the next week
 - Emailing Shane or Nick tomorrow
 - Google doc for sizes coming out after decide items
- Holly Days – Monday, Dec. 9 (first day of exams)
 - Bring it up closer to thanksgiving to get volunteers
 - Clothes, winter coats, jackets, hats
 - Remind teams when going home to bring things back
 - Toys and toy drives
 - Have one bigger nicer gift rather than small little thing
- Service
 - Emma Herold over this and has a plan
 - Bring baskets to SAAC meeting that Tuesday the 5th
 - 2 baskets (about 4 bags) per team with non-perishable food items for FISH & hygiene items for Grove. Ben and Bailey (Communications Chairs) have the list with items

- Tennis and golf small so can combine but ideally will do separate
- Wednesday November 6th is the drop off date
- Soccer can drive the vans over
 - Deliver baskets between 12-1
- Vermonster
 - Date options: November 18th (lot of teams still in season), November 24th (right before break), December 1st
 - November 24th unless multiple teams cannot do it
 - Send out form to teams to see who is doing it
 - Figuring out when we need to order the ice cream by
- Wellness Committee
 - Pads listing 8 dimensions of health – check off what you do, and add on back activity ideas you have for Wellness activities
 - Empathize that there are a lot of wellness things we already do daily
 - Therapy dogs before end of semester
 - Alex Loukili meeting about website with VP Health & Wellness Kelly Crace and Deidre – possibly building health/wellness content on SAAC website
 - Monday 10 am wellness center
 - Audrey has a call for the CAA wellness and performance committee on November 5th so reach out with any ideas/suggestions on how to improve wellness and what can be done better
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Other events/news:

- Apple Conference for athletes: January 17-19th – T Davis from Health Promotion will take a group to the conference in Charlottesville – about promoting healthy lifestyle, discouraging underage alcohol use, and avoidance of illegal substance. Info: <https://teamcoalition.org/event/apple-conference-in-charlottesville-va/>. Interested? Contact Jason Simms
- Massey 5k this weekend – track & field annual event supports the Massey Cancer Center
- NEDA walk (National Eating Disorders Awareness) November 2nd - sign up before with Nate and Collin from men's gymnastics

Respectfully submitted,

Audrey Pulliam, SAAC Secretary
Women's Golf rep